

# Father Son Retreat

April 5th-7th, 2019



## Friday

4:30-6:00- Arrival and Check-in at Main Office

6:30- Dinner

7:30- Orientation & Icebreakers

8:00-9:00- Rappel wall

## Saturday

8:00- Breakfast at Mount Baker

9:00- Session 1

10:15- 3D - climbing wall

12:00- Lunch at Mount Baker

1:00 -2:30 - Crane yard

2:45:- 3:30- Archery

3:00 - 5:45- Pool

3:00 - 5:45- Coffee Shop/Camp Store

6:00- Dinner around a campfire

7:30- Session 2

8:30 - Movie Night

## Sunday

9:00- Breakfast in Bed

9:15- Worship and Session 3 in Mt Zion

10:30- Drift Trikes in Gym

11:00-12:00- Coffee Shop/Camp Store Open

12:00- Departure

\*Schedule is subject to change.

Activities available at all times:

Sports Courts (Balls available in gym), Mountain Biking (Bring your own bike and helmet), Disc Golf (Ask staff for discs), Putt-Putt, and Hiking.